

# Kruidenier Trail



**MILES:** 2.1  
**TRAIL SURFACE:** Concrete  
**CITIES:** Des Moines  
**DIFFICULTY:** Easy

**TRAIL DESCRIPTION:**  
Kruidenier Trail loops around Gray's Lake in the heart of Des Moines. The 2.1 mile trail features a bridge over the Lake, lit with colorful lights after sundown.

**TRAIL CONTACT:**  
City of Des Moines – Parks and Recreation  
**Phone:** 515-237-1386  
**Email:** parks@dmgov.org

